

EPIQ GRAND ROUNDS

Session 36

THURSDAY, APRIL 23, 2026

Neuroprotective strategies in Swedish NICUs

Objectives:

- A general understanding on one (among several) strategy to improve neurological outcomes that best could be described as “do no (or as little as possible) harm” in the care of extremely preterm infants.

Presented by:

Dr. Johan Ågren



Johan Ågren, MD, PhD, is Associate Professor of Neonatology at Uppsala University and Senior Consultant and Medical Director of the Neonatal Intensive Care Unit at Uppsala University Children’s Hospital, Sweden. He earned his MD and PhD from Uppsala University and completed postdoctoral training at Johns Hopkins University. Board-certified in Pediatrics and Neonatology, Dr. Ågren’s clinical and research work centers on optimizing care for extremely preterm infants, with a strong focus on neuroprotection, fluid and electrolyte management, and hypoxic-ischemic encephalopathy. He has authored approximately 60 peer-reviewed publications and multiple book chapters, and has supervised several PhD students and neonatal fellows. An active member of the Swedish Neonatal Society and the Tiny Baby Collaborative, Dr. Ågren is widely invited internationally to speak on proactive, evidence-based management strategies for preterm infants.

Length: 1 hour

10:00 AM PST / 11:00 AM MST / 12:00 PM CST / 1:00 PM EST / 2:00 PM AST / 2:30 PM NST

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